



Cabrillo Civic Club #24
P.O. Box 4223
Santa Cruz CA 95063-4223



Happy New Years! January 2010

We will start out our new year with Soup and Stew Potluck Dinner on Jan. 20th starting at 6:00pm and the meeting will start right after. So cook up a pot of your favorite soup, or chili, or stew and bring it to the meeting to share. Pack up your place settings and come to the meeting. What could be better on a cool day than having a nice hot bowl of soup with friends?



Don't forget membership dues are due. They are \$15.00 per person. So, please pay as soon as you can and why not try to bring in a new member at the same time.

Get Well wishes go out to James Andrade who is recuperating from a fall , David Avila who will be having back surgery on the 13th of the month, and Elise Marshall who is recuperating from a bad case of phenomena and a secondary infection and is recuperating.



Just a little New Years Trivia Traditions

The singing of Auld Lang Syne:

We have all sang or attempted to sing it but do any of you know the history of the song or what the words mean. Well the custom aoes back to the 18th centurv





British Isles and was rooted in Scotland because the lyrics were written in 1788 by Robert Burns. The title means the good old days, and the message of the song merely means to just forget the past and look ahead to the New Year with hope.

Food

Lucky Foods for the New Year:

Grapes, In Portugal and Spain in 1909 the growers had an over abundance of grape and started the practice of eating twelve grapes at midnight one for each stroke of the clock. The idea stuck with each grape representing a different month of the year so if you have a bitter one that month may well be a rough month, the goal is to swallow all before the last stroke of midnight. Other food that are eaten on New Year's day are cooked greens as their green leaves look like folded money, and are thus symbolic of economic fortune. Beans, peas, and lentils are also symbolic of money. Their small seed like appearance resembles coins that swell when cooked so they are consumed with financial rewards in mind. Pork is eaten for two different reasons first on the idea that pigs symbolize progress. The animal pushes forward, rooting itself in the ground before moving. And second thanks to its rich fat content, it signifies wealth and prosperity.

But be careful there are also foods you should avoid. Lobsters for instant are a bad idea because they move backwards and could therefore lead to setbacks. Chicken is also discouraged because the





bird scratches backwards, which could cause regret or dwelling on the past. Another theory warns against eating any winged fowl because good luck could fly away. So now you know.



Also keep saving the Box Tops for Education and the Campbell's Labels for Education.

Happy Birthday to James Andrade 12th, Jo Ann Cacace 14th, Mary Mattos 11th, Stan Nacsimento 15th, Ed Perry 5th, Paula Twisselman 19th, and Ronda Vosburgh 9th.

Things to Remember
Your soup and place settings
You're Dues of \$15.00 per person.



Jo Ann Cacace Secretary
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