

# Sacramento Cabrillo News

## March/Março 2011

President: Janet McKay  
Secretary: JoAnn Novey

1<sup>st</sup> Vice President: Gui Sequeira  
Treasurer: Ken Costa

2<sup>nd</sup> Vice President: Wesley Silva  
Marshall: Marilyn Kochis

Board Members: Scott Costa, Bob & Betty Dias, Annabelle Fowles, Mary Dal Porto, Michael & Lisa Gavin, DeAnna Gesdahl, Nancy Graham, Dorothy Grijalva, Rita Macias, Marion Porter, Teofla Rosa, Irene Santiago, Marilyn Sterritt, Rachel Tatro, Steven Wittmann, and Patty Wohl

Monthly Newsletter of the Cabrillo Civic Club #5 (Sacramento), PO Box 189280, Sacramento, CA 95818

### Upcoming Events March –April 2011

**March 5, 2011**  
Board Meeting 12 Noon (as needed)

**March 5, 2011**  
Crab Feed 6:00 pm Cocktails  
7:00 pm Dinner

**April 3, 2011**  
All Sports for Cancer fundraiser  
Bowling at Land Park Bowl 1-4 pm

**April 12, 2011**  
Board Meeting 6:30 pm

**April 15-16, 2011**  
State Board Meeting & Scholarship  
Screening, San Diego Holiday Inn

### Sunshine

Get well to:  
Annamarie & Richard Barros,  
Dorothy Grijalva and Doris Yager

**Please let Marilyn Sterritt know if  
someone needs a bit of sunshine  
916.448-8661**

### March Birthdays

March 2 George Soares  
March 3 Evelyn August  
March 6 Ken Macias  
March 13 Marilyn Kochis  
March 14 Annamarie Barros  
March 15 Camilo Cervantes  
March 18 Viola Peters  
March 22 Ralph Nevis  
March 23 Wendy Baker  
March 27 Joseph Donaldson Jr.  
March 30 Phyllis Oldham

### Presidents Message – Janet McKay

What a great time we had at the State Convention in Lemoore, hosted by the Fresno Club. Sharon Toste and her committee did a wonderful job. Gui Sequeira opened the convention by singing the Portuguese national anthem. Her performance was wonderful. We are all very proud and lucky to have such a talent as a member of Club #5. Outgoing President Rosemarie Huggins ran a great last meeting and she seemed relaxed and delighted (and a bit emotional) to be finishing her term.

Rachel Tatro, as a Nominating Chairperson, spent almost the whole convention seeking volunteers for the post of 2<sup>nd</sup> Vice President—a position that leads to the State President. A couple of volunteers were eventually found but what an experience that was.

The installation on Sunday was quite noisy and really fun.



Scott Costa was surrounded by the warmest of congratulations from all members as he was

installed as the new State President of Cabrillo Club. Congratulations Scott, I know you will do a great job.

The trip to and from Lemoore was full of laughs and stories shared by Wes Silve, JoAnn Novey, Marilyn Kochis and myself. We all enjoyed each other's company.

Club #5's Valentine Dinner was o *melhor* (the best). Gui and her committee did a wonderful job. I know everyone enjoyed the dinner and the decorations were exceptionally beautiful this year. Thank you Gui.

I hope to see you all at the Annual Crab Feed on March 5<sup>th</sup>. It is always a great evening to be with friends.

All Sports for Cancer Bowling is coming up on April 3, 2011. Bring your friends and family and make it an afternoon of fun. The event starts at 1:00 pm and includes pizza and soft drinks, and prizes will be awarded.

Just a reminder: send in your membership renewal today. Please use the form in the Cabrillo News Wrap. And if you have adult children who are not yet members have them join too!

On another note: We always need more help setting up for events and taking down the tables and chairs when the event is over. We need more help in the kitchen. And we could always use more raffle gifts and with making the phone calls. This is a CIVIC CLUB and it's all about volunteering.

'til next month,  
Jan



## All Sports for Cancer – Rachel Tatro

Cabrillo #5's All Sports for Cancer earned an honorable mention at the State Cabrillo Convention in January. This year Cabrillo #5's All Sports for Cancer will be working towards placing in club competition. All Sports for Cancer will be sponsoring three events, and may add more. Mark your calendars and come join us for lots of fun on the following dates:

**April 3 – Bowling Party**, Land Park Bowl, 1-4 pm, \$25 per person – includes shoes, bowling, refreshments and a ticket for prizes. Contact Rachel Tatro (916) 568-1301 or Wesley Silva (916) 392-6342 for reservations.

**May 15 – Bunko Party** at the Clubhouse, 1 -4 pm, \$25 per person – includes refreshments and a ticket for prizes. Contact Rachel Tatro (916) 568-1301 or Marilyn Kochis (916) 421-5769 for reservations.

**September 25 – Cabrillo Day – White Elephant Bingo** – at the Clubhouse, 1-4 pm, \$25 per person & white elephant gift – includes refreshments. Contact Rachel Tatro (916) 568-1301 for reservations.

If you are unable to join us for the fun, feel free to make a donation!

Cabrillo Club #5 – All Sports  
P.O. Box 189280  
Sacramento CA 95831

## Cabrillo Donations – Ken Costa, Treasurer

Alda Lawrence, State Scholarship Chairperson and Tulare Club member, made a donation to Club #5's scholarship fund. Thank you Alda.

A donation was received from member Betty Dias with a note "to start a fund to repair the building". While we do have a Building Reserve fund it sure could use additional donations. Thank you so much Betty!

## Citizenship Ceremony – Rachel Tatro

On February 16, 2011 the monthly naturalization ceremony was held at the Memorial Auditorium. There were 997 people from 91 countries taking the oath of citizenship. There was no one from Portugal.

U.S. District Judge John A. Mendez administered the oath of citizenship. He urged the new citizens to take part in all phases of the democratic process by voting and serving on juries and to give back to their communities by volunteering in various ways.

Patsy Johnson, U.S. Citizenship and Immigration Officer, told the new citizens it was important for them to share their stories of coming to America and becoming citizens with their children and grandchildren. The next naturalization ceremony will be March 16<sup>th</sup> at the Memorial Auditorium.

## Membership Report – Gui Sequeira

No new members to report.

## **Haven't renewed for 2011 yet?**

Use the renewal form in the Cabrillo News Wrap.

## Scholarship Report – Sue Petzold

### **Final Reminder**

State Scholarship Applications are due by March 15th, 2011.

Mail applications to: Alda Lawrence, State Scholarship Chairperson, 12823 Kent Avenue, Hanford CA 93230.

If you have any questions regarding the \$500 scholarship or need an application mailed to you please contact:

Sue Petzold at 916-967-7666.

## NEW DATE for Yard Sale— July 16<sup>th</sup>

If one of your New Year resolutions is to clean out your closet or garage, be sure to call Rachel at 916.568-1301 to come get your gently used treasures. She and Scott Costa are co-chairing a Yard Sale/Flea Mart on Saturday, July 16<sup>th</sup>. You can rent a space to sell things or you can donate items. Remember it is never too early to start sorting through items. Check your monthly newsletters for more information.

## Convention 2012

One of the fun things about the state conventions are the raffles. These are held at various times throughout the day. They break up the business meeting and allow all of us to be loud and silly for a few minutes.

Gathering enough raffle prizes is a true team effort for the sponsoring club, in this case, it will be us, the member of Cabrillo Club #5. We will need to gather between 100 to 150 prizes. The prizes reflect the taste and culture of the club.

JoAnn Novey is the Raffle Chairperson. She is asking each Club #5 member to donate one or two raffle prizes for Convention 2012. The most important factor in choosing a raffle prize is making sure the raffle prize is something that *you would like for yourself*.

# Cabrillo News Wrap

## ***Jagacita, or Jag***

*This dish is a well known in the Cape Verde Islands. I understand that it is great served with linguica.*

Serves 8

This recipe is adapted from Alcides da Graca

¼ cup olive oil

1 cup onion, finely chopped

2 tablespoons finely chopped fresh parsley

1 teaspoon paprika

2 bay leaves

6 cups water

3 cups uncooked long grain rice

2 teaspoons coarse salt or to taste

Fresh ground white or black pepper

2 cups cooked lima, kidney, butter beans (freshly cooked or canned)

Directions

1. Heat the olive oil in a large pot. Add the onions

and sauté them until they are lightly golden. Toss in the parsley, paprika and bay leaves. Simmer of a minute.

2. Pour in the water, cover and bring to a boil. Add the rice, salt and pepper.

Recover. When the rice starts to boil, reduce the heat to simmer and cook until the rice is almost done, about 15 minutes.

3. Stir in the beans, recover and continue to simmer for 15 minutes more. Shut off the heat and let stand for 10 minutes before serving.

*From Ana Patuleia Ortins' portuguese cooking.com This is a great site to find recipes. I highly recommend it.*

--the editor

## **Newsletter information**

For changes of address (or any other corrections) contact Steve at: [stevewittmann@me.com](mailto:stevewittmann@me.com) or please call him at 916.444-5209

2011 Membership Dues  
Remittance Stub

\$15.00 per person  
Make check payable to:  
Cabrillo Civic Club #5

Please detach this and return with your dues to:

Ken Costa  
1784 South Chateau Fresno,  
Fresno, CA 93706

Name(s):

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Address:

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Telephone:

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E-mail Address:

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Birthdate(s):

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(so we can make sure to add you or make corrections to our monthly list in the newsletter)