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# Sacramento Cabrillo News

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## February/Fevereiro 2011

President: Janet McKay    1<sup>st</sup> Vice President: Gui Sequeira    2<sup>nd</sup> Vice President: Wesley Silva  
Secretary: JoAnn Novey    Treasurer: Ken Costa    Marshall: Marilyn Kochis

Board Members: Scott Costa, Bob & Betty Dias, Annabelle Fowles, Mary Dal Porto, Michael & Lisa Gavin, DeAnna Gesdahl, Nancy Graham, Dorothy Grijalva, Rita Macias, Marion Porter, Teofla Rosa, Irene Santiago, Marilyn Sterritt, Rachel Tatro, Steven Wittmann, and Patty Wohl

Monthly Newsletter of the Cabrillo Civic Club #5 (Sacramento), PO Box 189280, Sacramento, CA 95818

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### Upcoming Events February-March 2011

**January 28-30, 2011**  
State Convention, Tachi Palace Hotel,  
Lemoore, CA

**February 8, 2011**  
Board Meeting 6:30 pm

**February 11, 2011**  
Valentine Dinner 6:00 pm Cocktails  
7:00 pm Dinner

**February 27, 2011**  
Fundraiser Breakfast 8:00 am

**March 5, 2011**  
Board Meeting 12 Noon (as needed)

**March 5, 2011**  
Crab Feed 6:00 pm Cocktails  
7:00 pm Dinner

### Sunshine

Get well to:  
Dolores Greenslate, Ron King and  
Mary Louise McCarthy

**Please let Marilyn Sterritt know if  
someone needs a bit of sunshine  
916.448-8661**

### February Birthdays

February 1 Tony Vargas  
February 5 Gui Sequeira  
February 12 Teresa Alvernaz & Mary  
Dias  
February 14 Wendy Blithe & Marion  
Porter  
February 16 Rebecca Smith  
February 17 Amador August  
February 20 Richard Barros  
February 21 Joe Festas, Olivia Lage &  
Donald Silveira  
February 23 Roxanne Purdue  
February 25 Jeanne Schafer  
February 27 Greta August  
February 28 Bill Jackson  
February 29 Manuel Rosa

### Presidents Message – Janet McKay

Where to start: The year ended up with a BANG and already this year is starting up at a gallop. In February we have two events that I hope you will come and support. Our annual Valentines Day Dinner is on the 11<sup>th</sup> of February and the meal is only \$10. Gui and I will be cooking Chicken Marsala as the main entree. Also in February we are serving up our Portuguese Breakfast. The kitchen help will be serving linguica and eggs starting at 8:00 am on February 27<sup>th</sup>.

And, for March, if you have not been to our annual crab dinner you are missing one great meal. Mark March 5<sup>th</sup> for a wonderful Saturday night, so come and join in the festivities.

I would like to remind you that membership fees are now due for the year. Where else could you go to join in on numerous great events? Crab feed, Valentine Dinner, Sunday morning breakfasts with linguica and Portuguese sweet breads; BBQ's; pot lucks and our annual state convention. Besides our organization is really a feel good group. You feel good when we fund annual scholarships for students; you feel good when we support citizenship and participate in civic events; and you feel good when we contribute to local organizations to fight cancer. And I know you feel good when you are at a Cabrillo event!

I have to report about the hall: The plumbing has been repaired but more needs to be done. The roof leaked and we think it was repaired. Our friend Mr. Balshore got up on the roof during one of our torrential downpours in December and put some gunk up there. Folks, we are going to really have to do some fund-raising for a new roof, paint, refinishing the floor and work on the lounge area.

Twelve members from Club #5 are driving down to Lemoore for the annual State Convention. Lucky Wes Silva is driving with three women! He doesn't have a chance getting a word in edgewise. I am happy to see such a great turnout from our club to celebrate the event. Rosemarie Higgins is finishing her term as the State President and our own Scott Costa is coming in as the State President for 2011. On Sunday, January 30<sup>th</sup>, during the luncheon, Scott will be installed.

I am looking forward to seeing you at the convention and also seeing you at the next three events at the club in February and March.

Jan



## **All Sports for Cancer – Rachel Tatro**

The first all sports fund raiser will be a Bowling Party on April 3<sup>rd</sup>. Be sure to mark your calendars. Look for more information in next month's newsletter.

## **Americanization – Ken Costa**

Washington's Birthday is a United States federal holiday celebrated on the third Monday of February. It is also commonly known as Presidents Day (or Presidents' Day).

Titled Washington's Birthday, the federal holiday was originally implemented by the federal government in 1880 for government offices in the District of Columbia, and expanded in 1885 to include all federal offices. As the first federal holiday to honor an American citizen, the holiday was celebrated on Washington's actual birthday, February 22. On January 1, 1971 the federal holiday was shifted to the third Monday in February by the Uniform Monday Holiday Act. A draft of the Uniform Holidays Bill of 1968 would have renamed the holiday to Presidents' Day to honor both Washington and Lincoln, but this proposal failed in committee and the bill as voted on and signed into law on June 28, 1968 kept the name Washington's Birthday.

In the late 1980s, with a push from advertisers, the term "Presidents' Day" began its public appearance. The theme has expanded the focus of the holiday to honor another President born in February, Abraham Lincoln, and often other Presidents of the United States. Although Lincoln's birthday, February 12, was never a federal holiday, approximately a dozen state governments have officially renamed their Washington's

Birthday observances as "Presidents Day", "Washington and Lincoln Day", or other such designations. However, "Presidents Day" is not always an all-inclusive term. In Massachusetts, while the state officially celebrates "Washington's Birthday," state law also prescribes that the governor issue an annual Presidents Day proclamation honoring the presidents that have come from Massachusetts: John Adams, John Quincy Adams, Calvin Coolidge, and John F. Kennedy (Coolidge, the only one born outside of Massachusetts, spent his entire political career before the vice presidency there. George H. W. Bush, on the other hand, was born in Massachusetts, but has spent most of his life elsewhere.)

Alabama uniquely observes the day as "Washington and Jefferson Day", even though Jefferson's birthday was in April. In New Jersey, Connecticut and Illinois, while Washington's Birthday is a federal holiday, Abraham Lincoln's birthday is still a state holiday, falling on February 12 regardless of the day of the week. In California, Lincoln's Birthday is also a legal state holiday; however, observance is frequently moved to the Monday or Friday occurring closest to February 12.

In Washington's home state of Virginia the holiday is legally known as "George Washington Day."

## **Cabrillo Donations – Ken Costa, Treasurer**

Donations were received from Chuck & Odette Ebersole and from Congressman Jim Costa. Thank you for your generosity.

Donations to cover the cost of newsletter mailing costs were received from Ron & Betty King, Marion Porter, and Carolyn & Wayne Willey. Thank you for helping defray this expense.

## **Citizenship Ceremony – Rachel Tatro**

The next ceremony will be February 16, 2011 at the Sacramento Memorial Auditorium.

## **Membership Report – Gui Sequeira**

Welcome and thank you to new members Elizabeth & Floyd Kemper and Fran Brolan.

And for renewing members see the Cabrillo News Wrap for a form to use to renew your membership for 2011.

## **Scholarship Report – Sue Petzold**

Anyone interested in applying for a Cabrillo Club Scholarship should go to [www.cabrillocivicclubs.org](http://www.cabrillocivicclubs.org) Click on the scholarship link for the application.

Requirements for the \$500 scholarship include:

- Portuguese descent
- Grade Point Average: 3.5
- Participation in 3 extracurricular activities

Process: Applications need to be submitted with official transcripts and three letters of recommendation. Deadline: postmarked by March 15, 2011

If you don't have a computer or need help call me at 916.967-7666.

Thanks,  
Sue Petzold

If you know someone who might qualify please contact Sue.

## **Yard Sale—June 11<sup>th</sup> —items needed**

If one of your New Year resolutions is to clean out your closet or garage, be sure to call Rachel at 916.568-1301 to come get your gently used treasures. She and Scott Costa are co-chairing a Yard Sale/Flea Mart on Saturday, June 11<sup>th</sup>. You can rent a space to sell things or you can donate items. Remember it is never too early to start sorting through items. Check your monthly newsletters for more information.

# Cabrillo News Wrap

## **PAO DOCE (PORTUGUESE SWEET BREAD)**

*I know I love Portuguese bread.  
I found this recipe on a site  
called the Medeiros Web. Try it  
and let me know what you think.*

### Ingredients

2 packages of active dry yeast  
1/2 cup warm potato water  
3 tablespoons sugar  
1 cup mashed potatoes  
1/8 teaspoon ginger  
1/2 cup milk  
2 teaspoons salt  
6 eggs  
1 3/4 cups sugar  
1/2 cup butter or margarine,  
melted  
8 to 10 cups flour

### Procedure

Dissolve yeast in potato water. Stir in the 3 tablespoons sugar, potatoes and ginger. Cover; let rise until doubled. Scald milk; add salt and cool to lukewarm. In small bowl of electric mixer, beat eggs; gradually beat in the 1 3/4

cups sugar. Stir into yeast mixture. Add butter and mix well. Stir in 2 cups of the flour, then milk. Add 2 more cups of the flour; beat 5 minutes.

Stir in enough remaining flour to make a stiff dough. Place on lightly floured board and knead into remaining flour until dough is smooth and elastic, about 8 to 10 minutes. Place in greased bowl, turning in grease top. Cover; let rise until doubled.

Grease four 9 X 5 X 3-inch loaf pans. On a lightly floured board, divide dough into fourths. Shape each fourth into a loaf; place in prepared pans. Cover; let rise until doubled. Preheat oven to 325 degrees F. Bake for 45 minutes or until done.

Makes 4 loaves.

*Come to the Portuguese  
Breakfast on February 27<sup>th</sup> and  
compare to the bread we serve!  
The editor*

### Newsletter information

For changes of address (or any other corrections) contact Steve at: [stevewittmann@me.com](mailto:stevewittmann@me.com) or please call him at 916.444-5209

### 2011 Membership Dues Remittance Stub

\$15.00 per person  
Make check payable to:  
Cabrillo Civic Club #5

Please detach this and return with your dues to:

Ken Costa  
1784 South Chateau Fresno,  
Fresno, CA 93706

Name(s):

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Address:

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Telephone:

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E-mail Address:

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Birthdate(s):

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(so we can make sure to add you or make corrections to our monthly list in the newsletter)