

Sacramento Cabrillo News

May/Maio 2010

President: Janet McKay
Secretary: JoAnn Novey

1st Vice President: Gui Sequeria
Treasurer: Ken Costa

2nd Vice President: Wesley Silva
Marshall: Marilyn Kochis

Board Members: Scott Costa, Bob & Betty Dias, Mary Dal Porto, Michael & Lisa Gavin, Nancy Graham, Rita Macias, Mary Dutra Rosa, Teofla Rosa, Irene Santiago, Marilyn Sterritt, Rachel Tatro, Steven Wittmann, and Patty Wohl

Monthly Newsletter of the Cabrillo Civic Club #5 (Sacramento), PO Box 1892801, Sacramento, CA 95818

Upcoming Events May-July 2010

May 14, 2010
Membership/Scholarship Dinner
Cocktails 6:00 pm Dinner 7:00 pm

May 16, 2010
Fundraising Breakfast 8-11:30 am

June 6, 2010
Board Meeting, 6:30 pm

July 11, 2010
Yard Sale 8 am-2 pm
Fundraising Breakfast 8-11:30 am

July 13, 2010
Board Meeting 6:30 pm

Sunshine/You are in our thoughts

Thinking of you to Vi Soares
Get well card to Eduardo Maciel
Get Well card to Joe Soares

Please let Marilyn Sterritt know if someone needs a bit of sunshine (916.448-8661)

May Birthdays

May 4 Patty Simonian
April 9 James Graham
April 16 Trisha Brownfield
April 17 Patty Wohl
April 19 Mary Van Tichelt
April 28 Janet Bankovich
April 30 Mary Dal Porto
April 30 Mary Fischer
April 30 Judee Woods
April 31 Lisa Gavin

2010 scholars to be honored at annual Membership Dinner Friday, May 14th

The Sacramento Cabrillo Civic Club #5 is pleased to announce the 2010

Scholarship Recipients from the Sacramento Club:

Daniel LaFranchi Engineering
Zachary Petzold Political Science
Sara Purdue Science/Meteorology

Join in on Friday, May 14th for the Membership Dinner – a fish fry is a great opportunity to meet the recipients of this year's scholarships. Mark the date.

Presidents Message – Janet McKay

On April 17th four Cabrillian women from Sacramento went on a road trip to Tulare to attend the State Board Meeting and Scholarship Screening. Four hours of laughter driving down and back.

I attended my first scholarship screening (yes, I have been a Cabrillian over 20 years) and have always worked in the background organizing sign-ups/table decorations/etc. It was a wonderful experience! So much work has gone into this program. Alda Lawrence and her committee did a wonderful job. And the chair for the State Board Meeting, Cheryl Borba, and her committee

sure know how to make a club feel "at home". Thank you for a wonderful weekend Tulare!

May 14th the club presents our annual membership/scholarship dinner, celebrating of course with Kenny's famous Fish Fry. I am looking forward to meeting our scholarship recipients and their families as well as honoring our oldest members.

We are going to have another Portuguese Breakfast on Sunday, May 16th. Come and enjoy the good companionship and, of course, the great food that is prepared by Ken Costa and his committee. Yes, that middle weekend of May is going to be busy.

"I attended my first scholarship screening... It was a wonderful experience."

Jan McKay

We are in the planning stages for our October State Board Meeting in Sacramento. We are going to need lots of help and volunteers. Please help to support our club—please volunteer.

Jan McKay



All Sports for Cancer – Rachel Tatro

A bowling fund raiser was held Sunday, April 25th at Land Park Bowl. More than 30 people took part as bowlers and spectators. Pizza, soda and good company were enjoyed by all. Raffle prizes were awarded to the winning tickets holders. Over \$500 was donated to the Sacramento Branch of the American Cancer Society.

Americanization Report – Ken Costa

Memorial Day is a United States federal holiday observed on the last Monday of May (May 31 in 2010). Formerly known as Decoration Day, it commemorates U.S. men and women who died while in military service to their country.

First enacted to honor Union soldiers of the American Civil War (it is celebrated near the day of reunification after the civil war), it was expanded after World War I to include American casualties of any war or military action.

Many observe this holiday by visiting cemeteries and memorials. A national moment of remembrance takes place at 3 p.m. Eastern Time. Another tradition is to fly the United States flag at half-staff from dawn until noon local time. Volunteers often place American flags on each gravesite at National Cemeteries.

Many Americans also use Memorial Day to honor other family members who have died. Members of the Veterans of Foreign Wars take donations for poppies in the days leading up to Memorial Day; the poppy's significance to Memorial Day is the result of the John McCrae poem "In Flanders Fields."

In addition to remembrance, Memorial Day is also used as a time for picnics, barbecues, family gatherings, and sporting events. One of the longest-standing traditions is the running of the Indianapolis 500, which has been held in conjunction with Memorial Day since 1911. Some Americans view Memorial Day as the unofficial beginning of summer and Labor Day as the unofficial end of the season.

“The April naturalization ceremony saw 807 new citizens taking the oath.”

...as reported by club member Rachel Tatro

April's naturalization ceremony was held on the 21st at the Memorial Auditorium in Sacramento. The oath was administered by Magistrate Judge Dale A. Drozd. The 807 new citizens represented 82 different countries. However there were none from Portugal. The guest speaker was Kash Gill, the Punjabi-American mayor of Yuba City. He urged the new citizens to work toward the "American dream" by becoming involved in their communities. Naturalization ceremonies are held the third Wednesday of each month. Next one is May 19, 2010.

Membership Report – Gui Sequeria

No new members to report.

Why not ask your neighbor, church member, family or friend to the membership dinner on May 14th and then follow up by asking them to join?

Scholarship Report – Sue Petzold

This years scholarship winners are listed on page 1 and will be honored at the annual Membership/Scholarship Dinner on Friday, May 14th. I hope to see you there.

Donations – as reported by Ken Costa, Treasurer

Donations for All Sports Event

Shannon Hall & Scott's Seafood
Rachel Tatro

Civic Affairs Donation

American Cancer Society \$50.00

All Sports

A big thank you those that assisted with this event—especially JoAnn Novey and Marilyn Sterritt for registering bowlers and keeping track of strikes.

Fund Raiser: July 11, 2010

There will be a Yard Sale and Flea Mart on Sunday, July 11th, 2010 at the Cabrillo Club House on Karbet Way to cover expenses for a state board meeting in October 2010 and a state convention in January 2012. You can participate in the Yard Sale & Flea Mart in two ways. 1) You can donate items to the yard sale. 2) You can rent your own space and sell your items.

To have items picked up or to rent a space, please contact (asap):
Rachel Tatro 916-368-1301
Steve Wittmann 916-444-5209

Newsletter information

Do you have something to include or share?

Also, if you would like to receive the Sacramento Cabrillo News via e-mail or you have changed your e-mail address or your home address please send Steve a note or leave him a message.

Steve can be contacted at:
stevewittmann@me.net or call or him at 916.444-5209.

Note: Let us know about any trips to Portugal or visits to areas of Portuguese historic interest for inclusion in future newsletters.

Cabrillo News Wrap

Lapas Sauce Afonso

Ingredients:

2 to 2 1/2 pounds of limpets
1 medium size onion
2/3 cup of olive oil
1 clove garlic
1 sprig of parsley
1 tablespoon tomato paste
1 teaspoon of ground pepper
2 cups of water or 1 cup of white wine and 1 cup of water
salt and pepper to taste

Method of preparation: In a pan, brown the onions in the oil. Add the chopped garlic clove, tomato puree, liquid and bulk of pepper. When it boils, pour in the limpets, parsley, salt and pepper. Rectify the seasoning if necessary and let it cook between 8 and 10 minutes on low heat.

Had these in the Azores last year.
Yummy!
The editor

Lusophone World

A Lusophone (or lusophone) is someone who speaks the Portuguese language, either as a native, as an additional language, or as a learner.

The word itself is derived from the name of the ancient Roman province of Lusitania, which covered an area that is today Portugal. The notion of Lusophone extends to refer to people who are culturally and linguistically linked to Portugal, either historically or by choice. The term does not have an ethnic connotation, in that a lusophone may not have any Portuguese ancestry at all.

The Lusophone world is mainly a legacy of the Portuguese empire, although Portuguese diaspora communities have also played a role in spreading the Portuguese language and Portuguese culture.

Today Portuguese is one of the world's major languages, ranked seventh according to number of native speakers (between 205 and 230 million). It is the language of about half of South America's population, even though Brazil is the only Portuguese-speaking nation in the Americas. It is also a major lingua franca in Portugal's former colonial possessions in Africa. It is an official language in nine countries.

There are sizeable communities of Portuguese speakers in various regions of North America, notably in the United States (New Jersey, New England, California and south Florida) and in Ontario, Canada (especially Toronto).

In various aspects, the system of sounds in Portuguese is more similar to the phonologies of Catalan or French than, say, those of Spanish or Italian. Spanish author Miguel de Cervantes once called

Portuguese "the sweet language", Lope de Vega referred to it as "sweet" while Brazilian writer Olavo Bilac poetically described it as a última flor do Lácio, inculta e bela: "the last flower of Latium, wild and beautiful". Portuguese is also termed "the language of Camões", after one of Portugal's best known literary figures, Luís Vaz de Camões.
--from Wikipedia, the free encyclopedia

Send suggestions for the Wrap to Steve at his new e-mail address: stevewittmann@me.net or by mail to:
1331 Ridgeway Drive,
Sacramento, CA 95822