
Sacramento Cabrillo News

January/Janeiro 2010

President: Janet McKay 1st Vice President: Gui Sequeria 2nd Vice President: Wesley Silva
Secretary: JoAnn Novey Treasure: Ken Costa Marshall: Marilyn Kochis

Board Members: Scott Costa, Bob & Betty Dias, Michael & Lisa Gavin, Nancy Graham, Marilyn Kochis, Rita Macias, Mary Dutra Rosa, Teofla Rosa, Irene Santiago, Marilyn Sterritt, Rachel Tatro, Steven Wittmann, and Patty Wohl

Upcoming Events January-March 2010

January 12, 2010

Board Meeting 6:30 pm

January 15-17, 2010

State Convention, San Diego/Costa Mesa

February 9, 2010

Board Meeting 6:30 pm

February 12, 2010

Valentine Dinner 6 pm

March 6, 2010

Crab Feed 6 pm

March 7, 2010

Board Meeting 6:30 pm

March 21, 2010

Portuguese Breakfast 8 am

Sunshine/You are in our thoughts

Sympathy card to Chuck & Odette Ebersole

Please let Marilyn Sterritt know if someone needs a bit of sunshine (448-8661)

January Birthdays

January 2 Edward Silva
January 4 JoAnn Wilson
January 16 John Gomes
January 18 Jennifer Spalding
January 20 Odette Ebersole
January 20 Georgia Kienle
January 21 Erika Rasmussen
January 28 Eduardo Maciel

Why not send a card or e-mail to someone celebrating a birthday? It would surely be appreciated.

Janet McKay again elected President of Cabrillo #5

The Sacramento Cabrillo Club's Board of Directors confirmed its 2010 officers during the November board meeting. Elected along with Ms. McKay are Gui Sequeria, Wesley Silva, JoAnn Novey, Ken Costa, and Marilyn Kochis.

Janet has appointed the following chairpersons for 2010:
All Sports for Cancer – Rachel Tatro
Americanization – Ken Costa
Civic Affairs – to be announced
Membership & Hall – Gui Sequeria
Newsletter editor – Steve Wittmann
Scholarship – Sue Petzold
Sunshine – Marilyn Sterritt

Presidents Message – Janet McKay

First, I want to thank all who have again voted me to be President of Cabrillo Club #5 for 2010.

And I wish to thank everyone who came to our Christmas potluck dinner. CalSTRS provided our entertainment again this year and we all had such a great time. I believe the "Twelve Days of Christmas" Song is getting better!

"I am looking forward to being your President in 2010."

Jan McKay

And mark your calendars for these three upcoming events: February 12, 2010 is our **Valentine's Dinner**, Scott and Gui do such a wonderful job chairing this dinner. Our annual **Crab Dinner** is on March 6, 2010. Tickets for both events will be available soon. On March 21, 2010, Ken Costa will once again prepare his famous **Portuguese Breakfast**. If you have not attended one of our breakfasts, please come; "the food is great"! Trust me, I know.

I am looking for a new Civic Affairs Chairperson for this coming year. Responsibilities include tracking and reporting on volunteer hours performed by club members. Please call me if you would like to volunteer.

Again, I am looking forward to being your President this year.
Jan McKay



All Sports for Cancer – Rachel Tatro

Watch this space for news of our upcoming events.

Americanization Report – Ken Costa

Martin Luther King, Jr. Day is a United States holiday marking the birthdate of Dr. King. Observed each year on the third Monday of January, it is close to his actual birthday on January 15th. It is one of four United States federal holidays to commemorate an individual person.

King was the chief spokesman for nonviolent activism in the civil rights movement, which successfully protested racial discrimination in federal and state law. He was assassinated in 1968.

Martin Luther King, Jr. Day began as a holiday promoted by labor unions in

contract negotiations. After King's death, US Representative John Conyers (D-Michigan) introduced a bill in Congress to make King's birthday a national holiday. The bill first came to a vote in the U.S. House of Representatives in 1979. However, it fell five votes short of the number needed for passage. Two of the main arguments mentioned by opponents were that a paid holiday for federal employees would be too expensive, and that a holiday to honor a private citizen would be contrary to longstanding tradition (King had never held public office). Soon after, The King Center turned to support from the corporate community and the general public. The success of this strategy was cemented in 1980 when musician Stevie Wonder released the single "Happy Birthday" to popularize the campaign and hosted the Rally for Peace Press Conference in 1981. Six million signatures were collected for a petition to Congress to pass the law, termed by an article in *The Nation* as "the largest petition in favor of an issue in U.S. history."

Ronald Reagan finally signed the holiday into law in 1983, and it was observed for the first time on January 20, 1986. Some states however resisted observing the holiday as such, giving it alternative names or combining it with other holidays. It was officially observed in all 50 states for the first time in 2000.

Membership Report – Gui Sequeria

No new members to report for December 2009

Scholarship Report – Sue Petzold

The 2010 Cabrillo Civic Clubs of California Scholarship applications are now available at www.cabrillocivicclubs.org and then click on the link marked Scholarships. Criteria: Portuguese descent, 3.5 Grade Point Average, U.S citizen or permanent resident, and participation in 3 extracurricular activities.

The deadline: Postmarked March 15, 2010
If you need help call: Sue Petzold at 916-967-7666.

“the largest petition in favor of an issue in U.S. history.”

***The Nation*, reporting on the six million signatures on a petition to Congress to provide a national holiday to honor Dr. King**

Newsletter information

Do you have something to include or share?

Also, if you would like to receive the Sacramento Cabrillo News via e-mail or you have changed your e-mail address or your home address please send Steve a note or leave him a message.

Steve can be contacted at stevewittmann@earthlink.net or you can call or leave a voice mail at 444-5209. ❄

Note: Let us know about any trips to Portugal or visits to areas of Portuguese historic interest for inclusion in future newsletters.

A visit to the Açores

Several Cabrillians traveled to the Açores (Azores in English) last June. It was memorable for cousins/siblings Ken, Patty, Bette, Jim, Irene, Diane and Darlene as they were able to visit with their primos açorianos (Azorean cousins) and once again see their ancestral home at Biscoitos on Terceira. Joining them were spouses Scott and Frank, Bette's daughter Roberta, son-in-law Erik and her three grandchildren Saskia, Pascale & Lukas, along with long-time friend Phyliss and Sacramento club members Rachel and Steve for a very grand tour of four of the islands.